



2026–2027 Solo Team Requirements & Guidelines

Solos are an additional privilege and require a supplemental agreement. A solo is an added responsibility and always remains secondary to all group and team commitments.

A dancer's solo may be pulled at any time for the following reasons:

- Not being stage-ready
- Behavior concerns
- Parent or family conduct concerns
- Poor attendance in classes
- Poor attendance at team rehearsals
- Violation of any rules outlined in the NASD Handbook
- Failure to meet group or team agreement commitments
- Tuition or account balances not in good financial standing

Additionally, if a dancer is unable to perform at the expected standard due to illness or unforeseen life circumstances — even when no fault lies with the dancer — solos may be pulled first in order to protect overall team commitments and performance quality.

Dancer Accountability & Personal Training Commitment

A solo dancer represents both themselves and NASD at the highest level. With this opportunity comes increased personal responsibility and accountability.

Solo dancers **MUST** commit to daily conditioning and stretching on their own time outside of scheduled classes and rehearsals. Independent training is required to safely develop strength, flexibility, endurance, and performance quality necessary for solo work.

Solo dancers are expected to:

- Stretch daily outside of studio training
- Complete conditioning exercises regularly to maintain strength and injury prevention
- Practice choreography independently between rehearsals
- Arrive prepared, focused, and performance-ready at all rehearsals and events
- Take personal ownership of their growth, corrections, and progress

Failure to maintain consistent personal training, preparation, or accountability may result in rehearsal adjustments or removal of the solo at the discretion of NASD staff.

Dancer Accountability Agreement: I understand that receiving a solo is a privilege and requires personal commitment beyond regular class and rehearsal time. I agree to complete daily stretching, conditioning, and independent practice as required.

1. Choreography & Rehearsal Expectations

- All solo choreography will be completed and adequately rehearsed prior to registration deadlines for competitions and performances.
- Once choreography is completed, lessons and rehearsals will continue on a pre-determined schedule set by NASD.
- Minimum rehearsal requirement for solos is 2 hours per month following completion of choreography.

- Solo and duo lessons are billed separately and are non-refundable after the 1st of each month.
- Choreography fees are due at the first scheduled lesson.
- Guest choreographers must receive prior approval through NASD before scheduling. NASD reserves the right to hold or remove any solo that is not stage-ready.

2. Commitment & Withdrawal Policy

- Participation in a solo is voluntary; however, decisions to withdraw made within 60 days of a scheduled performance or competition will result in non-refundable fees.
- If team policies, attendance expectations, behavioral standards, or training commitments are not honored, solos may be pulled at the dancer's expense.
- Solos are an additional responsibility and always remain secondary to all group commitments.

3. Ownership of Choreography & Music

All choreography and edited music remain the property of The North Augusta School of Dance (NASD).

- Solos may only be performed under NASD representation unless written permission is granted.
- Approval is required before performing the solo at pageants, school events, outside performances, or any event not originally scheduled through NASD.

4. Lesson Scheduling & Cancellation Policy

- A 24-hour cancellation notice is required to reschedule lessons. Please email as soon as you have a scheduling conflict: TheNorthAugustaSchoolofDance@gmail.com
- Lessons canceled without proper 24 notice are forfeited.
- Fees are non-refundable and rescheduled only in emergency situations.
- If a teacher must cancel, the lesson will be rescheduled.

5. Financial Standing

- Solo participation fees are not included in standard team contract expenses.
- Estimated solo choreography fees range from \$300–\$800 per dancer, depending on choreographer and travel expenses.
- NASD accounts must remain in good financial standing at all times.
- If an account becomes delinquent within 30 days of an event, the solo may be pulled at the dancer's expense.

Financial payment alone does not guarantee performance eligibility.

A solo is earned through discipline, accountability, humility, and a team-first mindset.

6. Costume Guidelines

- Costume concepts and budgets must be discussed with and approved by the teacher.
- Costume selection remains at the discretion of NASD staff.
- All alterations and related expenses are the responsibility of the dancer.

7. Attendance, Conduct & Training Accountability

Solo dancers are held to elevated expectations.

- All NASD handbook policies, attendance requirements, and codes of conduct apply.
- Daily at-home conditioning, stretching, and independent rehearsal are required.
- Positive behavior and cooperation from both dancers and parents are mandatory. Failure to maintain expectations — including lack of preparation, behavior concerns, missed commitments, or inadequate personal training — may result in the solo being pulled.

8. Medical Injury & Illness Policy

- Valid doctor documentation must be submitted within 48 hours to reschedule missed in-studio lessons.

- Doctor excuses may release a dancer from a performance; however, refunds are only considered if withdrawal occurs more than 60 days prior to a registered event.
- Long-term injuries or illnesses occurring within 60 days of competition will be reviewed at NASD's discretion.

9. Choreography Fees & Production Costs

All dances are custom choreography created exclusively for NASD dancers for the current competition season.

- Choreography fees typically range from \$200–\$800 per dancer, per dance, and are the financial responsibility of the dancer.
- In addition to choreography fees, NASD assumes significant production expenses including, but not limited to: copyright licensing, music editing, insurance coverage, business licensing, studio rental, and administrative production costs.
Payment of choreography **fees does not grant ownership rights to the dancer**. Choreography, music edits, and production materials remain the intellectual property of NASD and may only be performed under NASD representation unless written authorization is granted.
- Should a dancer or family wish to assume full ownership rights of a solo, a separate ownership release agreement must be approved by NASD. An additional ownership transfer fee of no less than \$500, and potentially higher depending on choreographer agreements and licensing requirements, will apply. Ownership transfer is granted solely at the discretion of NASD and any contracted choreographer.
- Certain fees are non-refundable due to contractual obligations and services secured in advance.
- If a choreography session is canceled or missed without proper notice, reimbursement or forfeiture of fees may be required based on the circumstances and at the discretion of NASD.

10. Performance Readiness

NASD teachers and choreographers determine performance readiness.

NASD reserves the right to hold any dance from competition or performance due to:

- Injury or illness
- Attendance concerns
- Lack of preparation
- Behavioral concerns
- Additional rehearsal needs

Dances are only presented onstage when they meet NASD performance standards.

11. Scheduling & Choreography Process

Choreography timelines may adjust throughout the season.

Learning choreography varies based on:

- Dancer learning pace
- Experience level
- Focus and retention
- Physical endurance
- Group dynamics and production needs

Families should remain flexible as schedules may change to best support dancer success.

12. Assumption of Risk & Liability

NASD and its teachers agree to act in good faith at all times. Participation in classes, rehearsals, and performances is voluntary.

Participants assume all risks associated with dance training and release The North Augusta School of Dance and its staff from liability for injuries, losses, or damages arising from participation.

Solo Lesson Pricing

- Monthly lesson fees are financially prorated to keep costs consistent, affordable, and predictable throughout the season.
- Lessons follow a schedule of one lesson per week (approximately four lessons per month).
- Some months may include additional rehearsals leading up to performances; however, tuition covers 48 total lessons for the season.
- Lessons throughout the year may also include dress rehearsals, extended rehearsals with other soloists, performance preparation, backstage coaching at events, and additional staging support as needed.
- Family discounts may apply, and some accounts may be grandfathered under previous pricing structures.
- Choreography fees vary and are not eligible for discounts.

This pricing and agreement serve as a supplemental contract to the 12-month NASD Team Contract.

30-Minute Weekly Solo Lesson

\$95 per month added to tuition

Includes one **30-minute lesson per week**

(48 total lessons provided for the season, billed monthly June to May)

1-Hour Weekly Solo Lesson

\$160 per month added to tuition

Includes **one 1-hour lesson per week**

(48 total lessons provided for the season, billed monthly June to May)



2026 – 2027 Solo Agreement

Dancers Name: _____

Dancer Accountability Agreement: I understand that receiving a solo is a privilege and requires personal commitment beyond regular class and rehearsal time. I agree to complete daily stretching, conditioning, and independent practice as required.

Dancer Signature: _____

If a dancer is unable to perform at the expected standard due to illness or unforeseen life circumstances — even when no fault lies with the dancer — solos may be pulled first in order to protect overall team commitments and performance quality.

Parent/Guardian Initials: _____

This agreement serves as a supplemental contract to the NASD Performance Team Contract. All existing studio policies remain in effect.

Please Circle Price Package:

30-Minute Weekly Solo Lesson

\$95 per month added to tuition

Includes one **30-minute lesson per week**

(48 total lessons provided for the season, billed monthly June to May)

1-Hour Weekly Solo Lesson

\$160 per month added to tuition

Includes **one 1-hour lesson per week**

(48 total lessons provided for the season, billed monthly June to May)

Dancer Signature: _____

Parent Signature: _____

Choreography Price: _____ Date: _____

Solo Style _____

Costume Budget: _____



At Home, Weekly Stretch & Strength Guidance Chart

	Monday	Tuesday	Wednesday	Thursday	Friday
Crunches/Sit Ups for 2 Minutes					
Pushups					
Burpees					
Splits R & L with back leg against wall					
R & L heal stretches					
Center split with turned out legs					
50 Flex Points In Pike					
Review each dance, counts, corrections/notes					
Run/mark each dance with music					
16 releve in 1 st and 2 nd positions					
Turns with correct placement & sopt					
Door Frame R & L Stretch					

*Mark amount/time or explanation of what you did in square each day.